

Win up to \$1,500 for your school and set a powerful example for students!

October 6, 2025 – November 2, 2025

2025 Fall Healthy Kids Step It Up Challenge

SIGN UP TODAY



Deadline to Submit a Team Name: Tuesday, Sept. 30

Deadline to Register: Thursday, October 2

Stride for Success & Inspire Wellness at School!

Join our national no-cost, four-week step program to promote health and wellness and win money for your school. This is your opportunity to lead by example, one step at a time! **Enjoy learning about the 8 dimensions of wellness in this challenge, while earning prizes and serving as active role models for students.**

Create and register a team made up of school administrators, educators, and parents.

Here's how to get started:

- Scan the QR code
- Determine whether you participated in our last challenge or are a new participant or team and follow the corresponding steps
- Finish registration and connect your device



Questions? Noelle Reinhart | 216.236.0363 | nreinhart@healthactioncouncil.org

Teams must have at least three participants. Must be 18 years or older