



## COOK UP SOMETHING DELICIOUS—EVEN ON A WEEKNIGHT

We understand busy schedules -that's why we created simpler "weeknight versions" of some of our most popular recipes. Why wait for Saturday or Sunday to put on your apron and make a home-made dish?

All our weeknight gourmet classes are designed to be quick and easy spanning an average of 60 minutes.



## HOW IT WORKS

- 1 Reserve your online lesson
- 2 Prior to each class you will receive a recipe card containing the shopping list and tools/supplies you may need to prepare the meal.
- 3 During each 60-minute class, you'll be able to work through a recipe or cooking skill step-by-step alongside one of our chefs.
- 4 Chefs are able to answer questions and do extra demonstrations in real-time so that no one misses a step.
- 5 All eligible participants will also have access to a digital library of cooking classes available on-demand
- 6 Each live class will include a group of your peers, so you can enjoy the benefits of elevating your cooking skills virtually.



## OUR CHEFS

Our classes feature trained chefs specializing in a wide range of cuisines and dietary habits including vegan/vegetarian.

**Cuisines include:**

*Asian*  
*Latin American*

*Italian*  
*Spanish*

*Greek*  
*American*



## DIETARY RESTRICTIONS OR ALLERGIES?

All of our classes and recipes can easily be altered to fit any specific dietary requirements. Our chefs and nutritionists mention ingredient swaps and recipe modifications during the classes and ahead of so that all can enjoy.