W E L L N E S S

# Empowering Employees to BUILD Healthy Habits

Total Well-being + Community

# We now need personalized wellness experiences targeting remote employees

#virtualcorporatewellness



#### The Corporate Wellness Industry has Evolved

A shift from fitness to total well-being (physical, mental, social)



Shortlister 2019 Wellbeing Prospectus Willis Towers Watson 2020 COVID-19 Benefits Survey

#### **Current Wellness Strategies are Ineffective**

#### Reason #1

Health costs are rising while many medical claims can be prevented

#### Reason #2

Employees won't engage in programs that aren't personalized for them

#### Reason #3

No communication strategy,

real-time data, and automation

#### **Meet Globalscape**

a self-insured public tech company



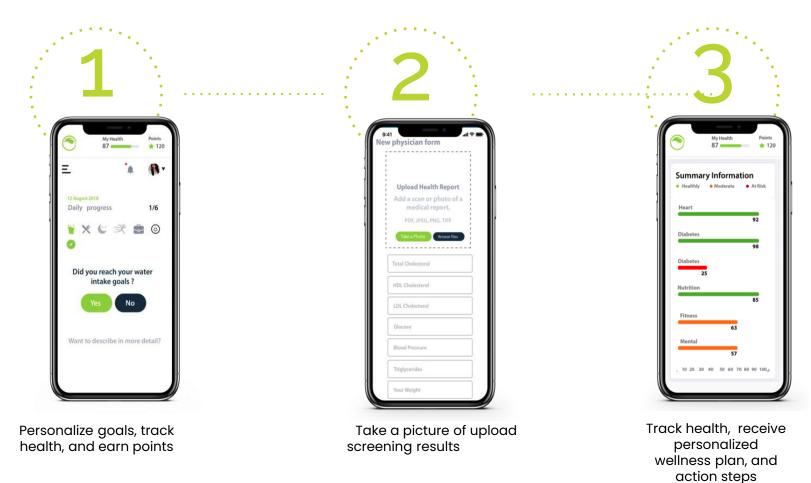
48% 72% 89% -12% Employees **Daily Platform Completed Annual Critical Health Insurance** Premium High Risk for Biometric Claims Engagement Reduction Chronic Screening Avoided Conditions Overall platform Yl. 37% Reduction of Total usage Identified an early sign Annual renewal plus engagement high risk to moderate of A-Fib through our vs savings passed on to vs risk employees 34% industry avg assessments employees Industry Avg ~28%

## Why Us

We educate & motivate employees to understand their health risks and pay them to improve their behaviors in just 5 minutes a day

#### Health Tracking made Easy

Simple and efficient tool to convert health screening data into a personalized wellness plan, specific to health risks





## Virtual Wellness Classes

#### On-demand programs to improve health literacy

Low health literacy increases medical costs and stress

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#### Whole-Person Focused

On-demand classes on fitness, nutrition & emotional health



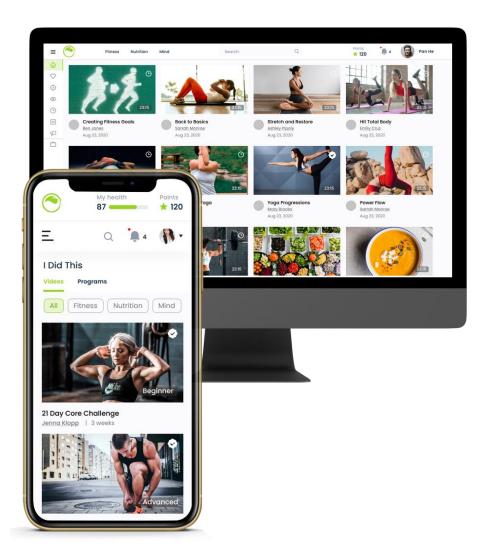
#### Engaging & Efficient

Expert-led classes are fun, available on any device and are under 15 minutes



#### Data Driven

Actionable analytics on usage, engagement, and health literacy improvement to provide continuous reinforcement



#### **Company Health Dashboard**

Real-time insights to boost engagement and improve outcomes of population health risks

#### Company Health Score

Understand population health trends, implement personalized solutions, view sentimental analysis, and track improvements



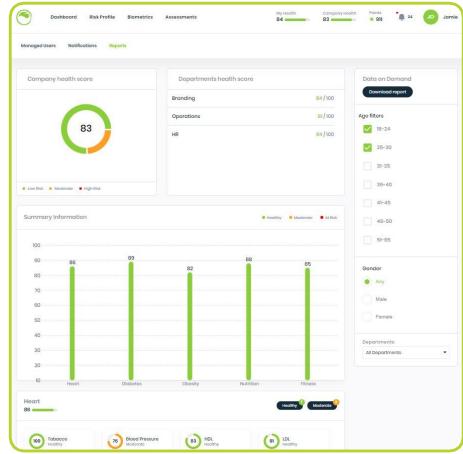
#### **On-Demand Reporting**

Custom aggregate reports available with real-time data and actionable insights



#### Instant Communication

Update company's policies, send newsletters/communications, and message employees



#### **Communications** Collateral

Internal program marketing and outreach increases engagement and participation by 43%

#### **Increase Participation**

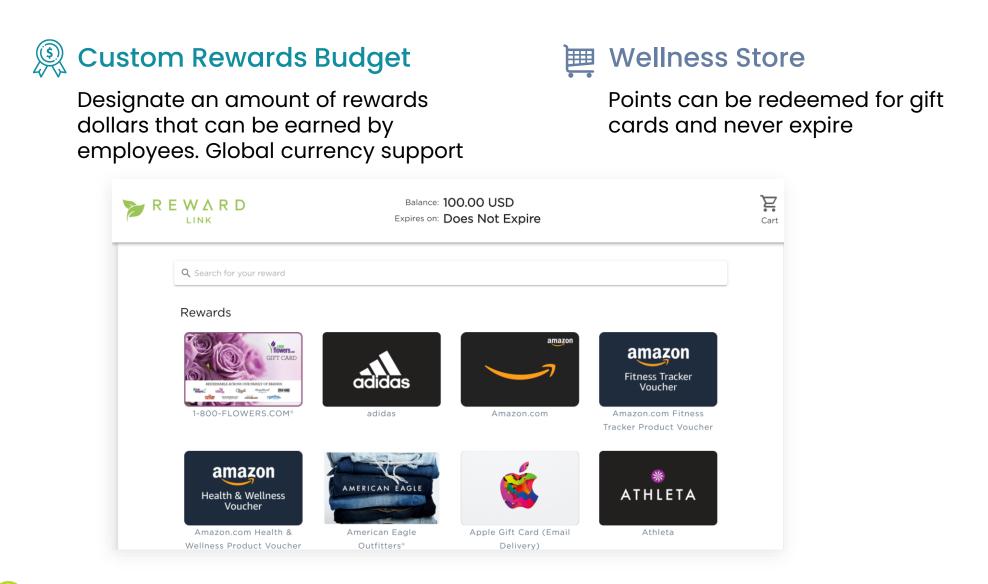
- Custom content calendar and monthly topics to be used in newsletters, articles and posters to raise awareness and increase program utilization.
- Can be shared through our platform as well as internal communication tools





#### **Rewards & Incentives**

Boost program participation and motivate employees



## **Return To Work Safely**

Real-time insights to track COVID-19 assessments, vaccine records, and mitigate risk

#### $\bigcirc$ **Maintain Compliance**

Secure reporting, OSHA and state compliant record keeping



#### **COVID-19 Management**

Track COVID-19 screenings, vaccinations, tests, and receive a risk assessment

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#### Communication

Update company policies, send screening reminders, and share wellness prevention tips

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Workplace Health Screening	1 of 8
Required to return to the office	1. Please enter your current temperature.
	(If you need a thermometer, please contact HR)
	00.0 °F
	2. Did you recently have close contact with anyone who has COVID-19?
	Yes No
	Next



#### How We Do It

