

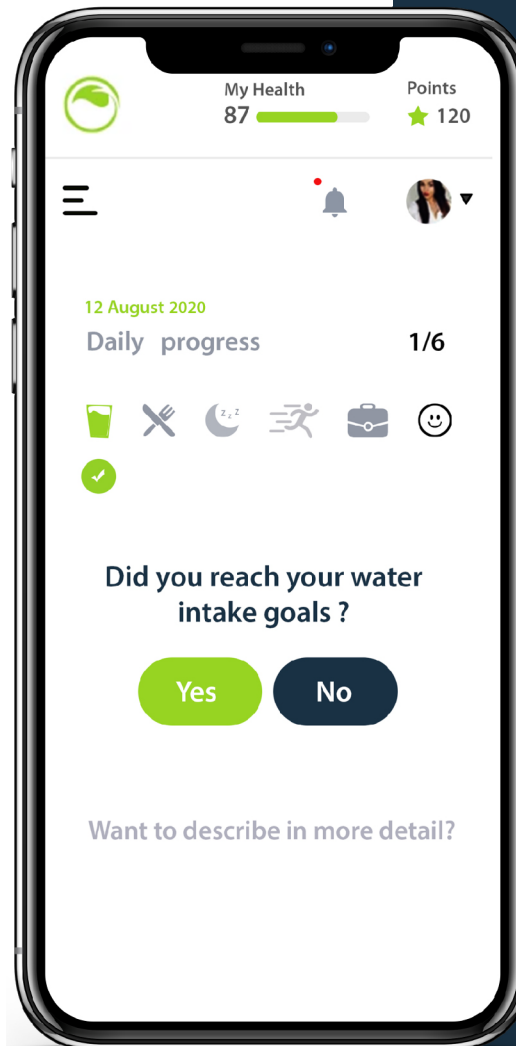
Virtual Corporate Wellness

Optimized for Work-From-Home Employees

We offer the leading solution for virtual corporate well-being. One Stop Wellness unlocks the potential in the workplace by providing real-time health tracking, expert-taught virtual health classes, and personalized insights in a fun & easy way.



Our holistic approach rooted in behavior change theory offers the most effective way to achieve better health outcomes and 3x the industry engagement levels.



Biometrics, assessments, and mood tracking



Daily check-ins, goal setting, incentives, health coaching and personalized recommendations



On-demand short cast videos spanning 3 categories: fitness, mindfulness, nutrition



Actionable analytics with real-time dashboards, engagement insights, and population health risk alerts