

MAKE IT YOUR BUSINESS TO FIGHT THE FLU

Offering employees a flu shot is a win-win opportunity.



health action council

Why is offering employees a flu shot a win-win opportunity?

Influenza can have a devastating impact on individuals and organizations. Now is the time to start working on ways to best protect your employees.

How the flu impacts your workforce

The Centers for Disease Control and Prevention (CDC) estimates that during this past flu season, there have been at least 34 million reported cases, 350,000 hospitalizations, and 20,000 deaths. On average, the flu costs the U.S. economy \$10.4 billion annually for medical expenses, on top of the \$7 billion per year in sick days and lost productivity, not to mention the added complications from the emergence of the world-wide coronavirus.

Why you should provide a flu shot program

A flu shot program can reduce doctor visits and hospitalizations leading to cost savings and greater employee productivity. Additionally, it enforces a culture of health and wellbeing, which can engender greater loyalty, productivity, and job satisfaction. There are many different flu viruses and they are constantly changing. The composition of U.S. flu vaccines is reviewed annually and updated as needed to match circulating viruses. Flu vaccines protect against the three or four viruses (depending on the vaccine) that research suggests will be most common.



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: **[cdc.gov/flu](https://www.cdc.gov/flu)**

10 questions to ask your flu shot provider.

Finding the right partner to manage flu shot services requires considerable time to evaluate vendors. Here are some questions you should ask:

1 What is the difference between trivalent (three-component) vaccines and quadrivalent (four-component) vaccines? Is there a cost difference between the two?

2 If flu shot vouchers must be distributed by the employer rather than the vendor, what are some practices that other employers have put into place to distribute these to their population while still maintaining control over who uses them?

3 Are there any upfront fees for vouchers? Any fees collected for vouchers that do not get redeemed?

4 Are there any travel fees associated with onsite clinics?

When does the vendor send administrative personnel to the on-site clinic?

For some smaller clinics, the nurses will handle check-in and paperwork.

5 Some vendors look to the client to provide personnel for this. Some vendors will send an administrator at no extra charge for clinics anticipating greater than 50 shots. What are the vendor's best practices for this?



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: **[cdc.gov/flu](https://www.cdc.gov/flu)**

10 questions to ask your flu shot provider.

6

What kind of reporting capability do you have for clients?

7

What does the process look like for account management? Who will be my point of contact, how were they trained, and how long have they been with the company?

8

If there is a staffing issue the day of the event, what does the process look like for the team lead to cover the missing employee?

9

How will my employees register for a flu shot? What about employees that do not have access to a computer throughout the day? How are walk-ins handled?

10

How is the quantity of serum brought to an event decided? How much more than anticipated is brought? How is the serum transported to the onsite clinic?



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: cdc.gov/flu

Benefits of the Endorsed Flu Shot Program

Abundance of qualified staff to cover all clinic locations.

Local flu shot clinic resources exist in all U.S. markets across the country, including program management, supply chains, data management, and clinical and administrative personnel.

Valued, long-term flu partnerships.

With longstanding relationships nurtured over many years, including the CDC and several of the largest vaccine manufacturers, their turnkey approach will remove the administrative burden from Health Action Council members while providing safe, secure, and efficient flu shot program operations. They also conduct periodic reviews of mandates and regulations to ensure CDC and Advisory Committee on Immunization Practices (ACIP) requirements for immunization standards are maintained.

Managed onsite clinical and administrative staff.

Professionals are employed and managed as W-2 employees, allowing CHC Wellbeing to manage assignments, payroll, training, performance management, and other employer functions. Standardized screening, hiring, training, and testing clinical staff, including RNs, LBN/LVNs ensure quality clinical services.



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: cdc.gov/flu

Benefits of the Endorsed Flu Shot Program

Flu voucher program option.

To enhance your population's health, they offer a Flu Voucher Program Option through a partnership with both Walgreens and CVS. This program gives your employees the ability to receive their flu shot through your program even if they cannot obtain it during an onsite scheduled clinic.

A single point of contact for communication and coordination.

CHC Wellbeing handles everything from professional staffing, clinic set-up, required paperwork, overall clinic administration, bio-hazardous waste removal, clinic clean-up, and periodic reporting.

Centralized reporting, third-party data transfer, billing and follow-up for customer service.



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: cdc.gov/flu

Flu Shot Program Comparison

	 				
Program is perfect for an employer that..	is looking for a customizable low-cost approach	is looking for a hands-off, turn-key solution	uses UnitedHealthcare for Medical Benefits	is looking for a locally-based program at a national scale	is regionally located in areas listed in Exhibit A
Organization is Primary Purchaser of the Vaccine	✓	✓		✓	
Onsite Clinics Available	✓	✓	✓	✓	✓
Voucher Program Available	✓	✓	✓	✓	✓
Geographical Reach in all 50 States	✓	✓	✓	✓	
ZIP Code Reach	100%	100%	100%	100%	100%
Voucher Network	Walgreens and CVS	Concentra, CVS Minute Clinic, Walgreens, Publix	Anywhere in network Medical ID Card can be used	Walgreens	Giant Eagle Pharmacies
Voucher Administration Handheld by Vendor		✓			
Fee Charged Per Unused Voucher	Minimums Apply	✓			
Direct Employees Rather Than Subcontractors	✓	✓	Quest Employees		
HIPAA & HITECH Compliant	✓		✓	✓	✓
Onsite Clinics Available 24/7	✓	✓	Additional Fees	✓	✓
Customer Support Covered Languages	English Only - Other languages upon request	English & Spanish Translator line for other languages	240 languages available	English & Spanish Translator line for other languages	All languages through translator service
Biometric Screening Available	✓	✓	✓	✓	✓
Insurance Billing Available	✓	✓	✓	✓	✓

Other Flu Shot Program Providers



Quest Diagnostics

Quest Diagnostics ensures a cohesive, long-term partnership. Vaccinations are available where and when needed (including hosting multiple events at the same site or time) and administered by W-2 highly skilled nurses. Quest Diagnostics offers a full suite of program communication materials to prepare and educate employees about the value of the program as it relates to your company's culture, health risks, and healthcare costs. Quest Diagnostics also provides comprehensive program management, including event/ logistics planning, a participant scheduling system (by either web or phone), the necessary supplies, set-up and cleanup (including bio-hazardous waste removal), medical director oversight, program promotion, and participant status reporting.

provanthealth.com | **Contact:** Ryan Van Horn | ryan.g.vanhorn@questdiagnostics.com



United Healthcare

For over 30 years, UnitedHealthcare has conducted flu shot clinics for thousands of customers, with a 98 percent satisfaction rating. Flu shot pricing is all-inclusive, which includes a program coordinator for end-to-end program planning for events, an online registration site, health professionals, all travel, supplies, and communications. Flu shots (and biometric screenings) are fully integrated within the Rally Health and Wellness tab of myuhc.com (e.g., Health Survey, incentives, etc.) and other wellness and clinical programs so there is no additional time or cost associated with file feeds.

uhc.com | **Contact:** John Elliot | john_elliott@uhc.com



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | **Contact:** Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: cdc.gov/flu

Other Flu Shot Program Providers



Walgreens

Walgreens is the nation's leading private sector provider of flu vaccinations. Immunizers are trained by the American Pharmacists Association (APhA) and maintain Cardiopulmonary Resuscitation (CPR), OHHA Bloodborne Pathogen requirements and OSHA training. Immunizations offered align with Advisory Committee on Immunization Practices (ACIP) and HEDIS measures for influenza, hepatitis B, meningitis, pneumonia, and Tdap. Your employees will receive personalized, coordinated, trustworthy care from healthcare professionals who adhere to a centurylong commitment to service. Walgreens will provide marketing materials to support employer communications. For each flu shot administered, Walgreens will provide a lifesaving vaccine to a child in need.

walgreens.com | Contact: Jaime Whited | jaime.whited@walgreens.com

Melissa Williams | melissa.williams@walgreens.com



Giant Eagle

On-site flu vaccination programs are available to fit the needs of customers. Each employer partner offers an individualized program to meet the flexibility needed to vaccinate employees. Giant Eagle offers an array of resources to support the program, including promotional materials and employee incentives to increase participation at on-site clinics; a scheduling tool to help clinics run smoothly; and a voucher program that allows employees to receive their vaccination if they are unable to attend the onsite clinic. (Vouchers can be redeemed at any Giant Eagle Pharmacy.) On-site flu clinics are available in Western Pennsylvania; Youngstown, Akron-Canton, Cleveland, and Columbus Ohio; Frederick, Maryland; Morgantown, WV; Carmel, Indiana; and surrounding areas.

gianteagle.com | Contact: Amy Amond | amy.amond2@gianteagle.com



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: cdc.gov/flu

Make it your business to fight the flu.

CDC RECOMMENDS TWO STRATEGIES THIS SEASON FOR BUSINESSES AND EMPLOYERS TO HELP FIGHT THE FLU.

Strategy One:

HOST A FLU VACCINATION CLINIC IN THE WORKPLACE

To minimize absenteeism, employers frequently offer onsite seasonal flu vaccinations to employees at no or low cost to their employees. This option can work well if the employer has an on-site occupational health clinic. If you don't have a clinic, pharmacies and community vaccinators can be contracted to provide seasonal flu vaccination services on-site.

Strategy Two:

PROMOTE FLU VACCINATION IN THE COMMUNITY

Make sure your employees know where they and their families can get seasonal flu vaccines in their community. Additionally, find out what health care providers, pharmacies and clinics provide seasonal flu vaccines. Partner with a pharmacy or provider to get your employees vaccinated.



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: [cdc.gov/flu](https://www.cdc.gov/flu)

A STRONG DEFENSE AGAINST THE FLU: GET VACCINATED!

The best way to protect yourself and your loved ones against influenza (flu) is to get a flu vaccine every flu season. Flu is a contagious respiratory disease that can lead to serious illness, hospitalization, or even death. CDC recommends everyone six months and older get an annual flu vaccine.

What are some key reasons to get a flu vaccine?

- Every year, flu vaccination prevents illnesses, medical visits, hospitalizations, and deaths.
- Flu vaccination is an important preventive tool for people with chronic health conditions. For example, flu vaccination has been associated with lower rates of some cardiac events among people with heart disease.
- Vaccinating pregnant women helps protect them from flu illness and hospitalization, and also has been shown to help protect the baby from flu infection for several months after birth, before the baby can be vaccinated.
- While some people who get vaccinated still get sick, flu vaccination has been shown in several studies to reduce severity of illness.

Why is it important to get a flu vaccine every year?

- Flu viruses are constantly changing, so flu vaccines may be updated from one season to the next to protect against the viruses that research suggests will be common during the upcoming flu season.
- Your protection from a flu vaccine declines over time. Yearly vaccination is needed for the best protection.



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com

Additional information can be found at the CDC website: cdc.gov/flu

Is the flu vaccine safe?

Flu vaccines have a good safety record. Hundreds of millions of Americans have safely received flu vaccines over the past 50 years. Extensive research supports the safety of seasonal flu vaccines. Each year, CDC works with the U.S. Food and Drug Administration (FDA) and other partners to ensure the highest safety standards for flu vaccines.

More information about the safety of flu vaccines is available at cdc.gov/flu/protect/vaccine/vaccinesafety.htm.

What are the side effects of flu vaccines?

Flu Shots: Flu shots are made using killed flu viruses (for inactivated vaccines), or without flu virus at all (for the recombinant vaccine). So, you cannot get flu from a flu shot. Some minor side effects that may occur include soreness, redness and/or swelling where the shot was given, low-grade fever, and aches.

Nasal Spray Vaccines: The viruses in nasal spray flu vaccines are weakened and do not cause the severe symptoms often associated with influenza illness. For adults, side effects from the nasal spray may include runny nose, headache, sore throat, and cough. For children, side effects may also include wheezing, vomiting, muscle aches, and fever. If these problems occur, they are usually mild and go away on their own, but serious reactions are also possible. Almost all people who receive flu vaccines have no serious problems from it.

When and where to get vaccinated?

You should get a flu vaccine by the end of October. However, as long as flu viruses are circulating, vaccination should continue throughout flu season, even in January or later. Flu vaccines are offered in many doctors' offices and clinics as well as in many other locations including health departments, pharmacies, urgent care clinics, health centers, and travel clinics. Vaccines may also be offered at your school, college health center, or workplace.

Visit vaccinefinder.org at to find a flu vaccination clinic near you.



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: **cdc.gov/flu**

FIGHT THE FLU

GET YOUR FAMILY VACCINATED AGAINST FLU THIS SEASON.

It's the best way to protect you and your loved ones from getting the flu.



health action council



CHC Wellbeing was chosen to lead the Health Action Council Flu Shot Group Purchasing Program.
chcw.com | Contact: Jane Mackeen, MS RD (617) 835-6156 | jmackeen@chcw.com



Additional information can be found at the CDC website: cdc.gov/flu